

The War Of Art Break Through The Blocks And Win Your Inner Creative Battles

SYNOPSIS: In *The War of Art*, author Steven Pressfield identifies the internal obstacles that prevent you from achieving your goals. An excellent book for anyone who has trouble getting things done, it offers an examination of the negative thoughts that keep you from achieving your dreams, and how to overcome them. ABOUT THE AUTHOR: Steven Pressfield is a bestselling author of historical fiction and nonfiction books, including *The War*, *The Legend of Bagger Vance*, and *The Warrior's Way*. DISCLAIMER: This book is a SUMMARY. It is meant to be a companion, not a replacement, to the original book. Please note that this summary is not authorized, licensed, approved, or endorsed by the author or publisher of the main book. The author of this summary is wholly responsible for the content of this summary and is not associated with the original author or publisher of the main book. If you'd like to purchase the original book, kindly search for the title in the search box.

"In this powerful, straight-from-the-hip examination of the internal obstacles to success, bestselling author Steven Pressfield shows readers how to identify, defeat, and unlock the inner barriers to creativity. *The War of Art* is an inspirational, funny, well-aimed kick in the pants guaranteed to galvanize every would-be artist, visionary, or entrepreneur." --from back cover.

In the Depression year of 1931, on the golf links at Krewe Island off Savannah's windswept shore, two legends of the game—Bobby Jones and Walter Hagen—meet for a mesmerizing thirty-six-hole showdown. Another golfer will also compete—a troubled local war hero, once a champion, who comes with his mentor and caddie, the mysterious Bagger Vance. It is Vance, sage and charismatic, who will ultimately guide the match, for he holds the secret of the Authentic Swing. And he alone can show his protege the way back to glory. Written in the spirit of *Golf in the Kingdom* and *The Natural*, *The Legend of Bagger Vance* reveals the true nature of the game in a story that is unforgettable. WARS CHANGE, WARRIORS DON'T We are all warriors. Each of us struggles every day to define and defend our sense of purpose and integrity, to justify our existence on the planet and to understand, if only within our own hearts, who we are and what we believe in. Do we fight by a code? If so, what is it? What is the Warrior Ethos? Where did it come from? What form does it take today? How do we (and how can we) use it and be true to it in our internal and external lives? The Warrior Ethos is intended not only for men and women in uniform, but artists, entrepreneurs and other warriors in other walks of life. The book examines the evolution of the warrior code of honor and "mental toughness." It goes back to the ancient Spartans and Athenians, to Caesar's Romans, Alexander's Macedonians and the Persians of Cyrus the Great (not excluding the Garden of

Eden and the primitive hunting band). Sources include Herodotus, Thucydides, Plutarch, Xenophon, Vegetius, Arrian and Curtius--and on down to Gen. George Patton, Field Marshal Erwin Rommel, and Israeli Minister of Defense, Moshe Dayan.

BONUS: This edition contains an excerpt from Steven Pressfield's *The Profession*. The author of the international bestsellers *Gates of Fire* and *Tides of War* delivers his most gripping and imaginative novel of the ancient world—a stunning epic of love and war that breathes life into the grand myth of the ferocious female warrior culture of the Amazons. Steven Pressfield has gained a passionate worldwide following for his magnificent novels of ancient Greece, *Gates of Fire* and *Tides of War*. In *Last of the Amazons*, Pressfield has surpassed himself, re-creating a vanished world in a brilliant novel that will delight his loyal readers and bring legions more to his singular and powerful restoration of the past. In the time before Homer, the legendary Theseus, King of Athens (an actual historical figure), set sail on a journey that brought him into the land of tal Kyrte, the “free people,” a nation of proud female warriors whom the Greeks called “Amazons.” The Amazons, bound to each other as lovers as well as fighters, distrusted the Greeks, with their boastful talk of “civilization.” So when the great war queen Antiope fell in love with Theseus and fled with the Greeks, the mighty Amazon nation rose up in rage. *Last of the Amazons* is not merely a masterful tale of war and revenge. Pressfield has created a cast of extraordinarily vivid characters, from the unforgettable Selene, whose surrender to the Greeks does nothing to tame her; to her lover, Damon, an Athenian warrior who grows to cherish the wild Amazon ways; to the narrator, Bones, a young girl from a noble family who was nursed by Selene from birth and secretly taught the Amazon way; to the great Theseus, the tragic king; and to Antiope, the noble queen who betrayed tal Kyrte for the love of Theseus. With astounding immediacy and extraordinary attention to military detail, Pressfield transports readers into the heat and terror of war. Equally impressive is his creation of the Amazon nation, its people, its rituals and myths, its greatness and savagery. *Last of the Amazons* is thrilling on every page, an epic tale of the clash between wildness and civilization, patriotism and love, man and woman.

I have always been a soldier. I have known no other life. So begins Alexander's extraordinary confession on the eve of his greatest crisis of leadership. By turns heroic and calculating, compassionate and utterly merciless, Alexander recounts with a warrior's unflinching eye for detail the blood, the terror, and the tactics of his greatest battlefield victories. Whether surviving his father's brutal assassination, presiding over a massacre, or weeping at the death of a beloved comrade-in-arms, Alexander never denies the hard realities of the code by which he lives: the virtues of war. But as much as he was feared by his enemies, he was loved and revered by his friends, his generals, and the men who followed him into battle. Often outnumbered, never outfought, Alexander conquered every enemy the world stood against him—but the one he never saw coming. . . .

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In his New York Times bestseller *Steal Like an Artist*, Austin Kleon showed readers how to unlock their creativity by “stealing” from the community of other movers and shakers. Now, in an even more forward-thinking and necessary book, he shows how to take that critical next step on a creative journey—getting known. *Show Your Work!* is about why generosity trumps genius. It's about getting findable, about using the network instead of wasting time “networking.” It's not self-promotion, it's self-discovery—let others into your process, then let them steal from you. Filled with illustrations, quotes, stories, and examples, *Show Your Work!* offers ten transformative rules for being open, generous, brave, productive. In chapters such as *You Don't Have to Be a Genius*; *Share Something Small Every Day*; and *Stick Around*, Kleon creates a user's manual for embracing the communal nature of creativity— what he calls the “ecology of talent.” From broader life lessons about work (you can't find your voice if you don't use it) to the etiquette of sharing—and the dangers of oversharing—to the practicalities of Internet life (build a good domain name; give credit when credit is due), it's an inspiring manifesto for succeeding as any kind of artist or entrepreneur in the digital age.

NATIONAL BESTSELLER • “Steven Pressfield brings the battle of Thermopylae to brilliant life.”—Pat Conroy *At Thermopylae*, a rocky mountain pass in northern Greece, the feared and admired Spartan soldiers stood three hundred strong. Theirs was a suicide mission, to hold the pass against the invading millions of the mighty Persian army. Day after bloody day they withstood the terrible onslaught, buying time for the Greeks to rally their forces. Born into a cult of spiritual courage, physical endurance, and unmatched battle skill, the Spartans would be remembered for the greatest military stand in history—one that would not end until the rocks were awash with blood, leaving only one gravely injured Spartan squire to tell the tale. . . .

There's a mantra that real writers know but wannabe writers don't. And the secret phrase is this: **NOBODY WANTS TO READ YOUR SH*T**. Recognizing this painful truth is the first step in the writer's transformation from amateur to professional. From Chapter Four: “When you understand that nobody wants to read your shit, you develop empathy. You acquire the skill that is indispensable to all artists and entrepreneurs—the ability to switch back and forth in your imagination from your own point of view as writer/painter/seller to the point of view of your reader/gallery-goer/customer. You learn to ask yourself with every sentence and every phrase: Is this interesting? Is it fun or challenging or inventive? Am I giving the reader enough? Is she bored? Is she following where I want to lead her?”

The Great Escape for the Great War: the astonishing true story of two World War I prisoners who pulled off one of the most ingenious escapes of all time. “Fox unspools Jones and Hill's delightfully elaborate scheme in nail-biting episodes that advance like a narrative Rube Goldberg machine.”—The New York Times Book Review Imprisoned in a remote Turkish POW camp during World War I, having survived a two-month forced march and a terrifying shootout in the desert, two British officers, Harry Jones and Cedric Hill, join forces to bamboozle their iron-fisted captors. To stave off despair and boredom, Jones takes a handmade Ouija board

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and fakes elaborate séances for his fellow prisoners. Word gets around, and one day an Ottoman official approaches Jones with a query: Could Jones contact the spirit world to find a vast treasure rumored to be buried nearby? Jones, a trained lawyer, and Hill, a brilliant magician, use the Ouija board—and their keen understanding of the psychology of deception—to build a trap for their captors that will ultimately lead them to freedom. A gripping nonfiction thriller, *The Confidence Men* is the story of one of the only known con games played for a good cause—and of a profound but unlikely friendship. Had it not been for “the Great War,” Jones, the Oxford-educated son of a British lord, and Hill, a mechanic on an Australian sheep ranch, would never have met. But in pain, loneliness, hunger, and isolation, they formed a powerful emotional and intellectual alliance that saved both of their lives. Margalit Fox brings her “nose for interesting facts, the ability to construct a taut narrative arc, and a Dickens-level gift for concisely conveying personality” (Kathryn Schulz, *New York*) to this tale of psychological strategy that is rife with cunning, danger, and moments of high farce that rival anything in *Catch-22*.

What keeps so many of us from doing what we long to do? Why is there a naysayer within? How can we avoid the roadblocks of any creative endeavor—be it starting up a dream business venture, writing a novel, or painting a masterpiece? *The War of Art* identifies the enemy that every one of us must face, outlines a battle plan to conquer this internal foe, then pinpoints just how to achieve the greatest success. *The War of Art* emphasizes the resolve needed to recognize and overcome the obstacles of ambition and then effectively shows how to reach the highest level of creative discipline. Think of it as tough love . . . for yourself.

A special fiftieth anniversary edition of Kurt Vonnegut’s masterpiece, “a desperate, painfully honest attempt to confront the monstrous crimes of the twentieth century” (*Time*), featuring a new introduction by Kevin Powers, author of the National Book Award finalist *The Yellow Birds* Selected by the Modern Library as one of the 100 best novels of all time *Slaughterhouse-Five*, an American classic, is one of the world’s great antiwar books. Centering on the infamous World War II firebombing of Dresden, the novel is the result of what Kurt Vonnegut described as a twenty-three-year struggle to write a book about what he had witnessed as an American prisoner of war. It combines historical fiction, science fiction, autobiography, and satire in an account of the life of Billy Pilgrim, a barber’s son turned draftee turned optometrist turned alien abductee. As Vonnegut had, Billy experiences the destruction of Dresden as a POW. Unlike Vonnegut, he experiences time travel, or coming “unstuck in time.” An instant bestseller, *Slaughterhouse-Five* made Kurt Vonnegut a cult hero in American literature, a reputation that only strengthened over time, despite his being banned and censored by some libraries and schools for content and language. But it was precisely those elements of Vonnegut’s writing—the political edginess, the genre-bending inventiveness, the frank violence, the transgressive wit—that have inspired generations of readers not just to look differently at the world around them but to find the confidence to say something about it. Authors as wide-ranging as Norman Mailer, John Irving, Michael Crichton, Tim O’Brien, Margaret Atwood, Elizabeth Strout, David Sedaris, Jennifer Egan, and J. K. Rowling have all found inspiration in Vonnegut’s words. Jonathan Safran Foer has described Vonnegut as “the kind of writer who made people—young people especially—want to write.” George Saunders has declared Vonnegut to be “the great, urgent, passionate American writer of our century, who offers us . . . a model of the kind of compassionate thinking that might yet save us from ourselves.” Fifty years after its initial publication at the height of the Vietnam War, Vonnegut’s portrayal of political disillusionment, PTSD, and postwar anxiety feels as relevant, darkly humorous, and profoundly affecting as ever, an enduring beacon through our own era’s uncertainties. “Poignant and hilarious, threaded with compassion and, behind everything, the cataract of a thundering moral statement.”—*The Boston Globe*

* Our summary is short, simple and pragmatic. It allows you to have the essential ideas of a big

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book in less than 30 minutes. By reading this summary, you will learn how to overcome your blockages to succeed in your personal project, whatever it may be (artistic, entrepreneurial, charitable, sports). You will also discover : that a force prevents you from acting according to your desires; that it is possible to fight it by identifying it; that to succeed in your project, you must behave like a professional; where to find inspiration; what creativity really is. To succeed in your project, if only to start it, you must overcome the toxic force inside you. It is called Resistance. It is found in all the fears, all the blockages, all the obstacles that prevent you from acting according to your own desires and from becoming the person you really are.

Nevertheless, you can defy it by knowing the right method! In this way, you will be able to transform your life, and why not the world. Are you ready to fight this blocking force? *Buy now the summary of this book for the modest price of a cup of coffee!

In the follow-up to the Oscar–nominated film *Wreck-It Ralph*, our hero leaves his arcade for the expansive universe of the Internet. Disney's artists have brought the world of the Inter–net (a world you may think you know) to life in an all-new, imaginative way. Through never-before-seen concept art, character sketches, storyboards, and colorscripts, along with interviews with the production team, *The Art of Ralph Breaks the Internet* reveals the artistic process behind Disney's highly anticipated sequel. Copyright ©2018 Disney Enterprises, Inc. All Rights Reserved

"I have a theory about the Hero's Journey. We all have one. We have many, in fact. But our primary hero's journey is the passage we live out, in real life, before we find our calling. The hero's journey ends when, like Odysseus, we return home to Ithaca, to the place from which we started. What then? The passage that comes next is The Artist's Journey. On our artist's journey, we move past Resistance and past self-sabotage. We discover our true selves and our authentic calling, and we produce the works we were born to create. You are an artist too—whether you realize it or not, whether you like it or not—and you have an artist's journey. Will you live it out? Will you follow your Muse and do the work you were born to do? Ready or not, you are called."--Back cover.

The Story Behind THE LEGEND OF BAGGER VANCE If you've read his books THE WAR OF ART and TURNING PRO, you know that for thirty years Steven Pressfield (GATES OF FIRE, THE AFGHAN CAMPAIGN etc.) wrote spec novel after spec novel before any publisher took him seriously. How did he finally break through? Ignoring just about every rule of commercial book publishing, Pressfield's "first" novel not only became a major bestseller (over 250,000 copies sold), it was adapted into a feature film directed by Robert Redford and starring Matt Damon, Will Smith, and Charlize Theron. Where did he get the idea? What magical something did THE LEGEND OF BAGGER VANCE have that his previous manuscripts lacked? Why did Pressfield decide to write a novel when he already had a well established screenwriting career? How does writing a publishable novel really work? Taking a page from John Steinbeck's classic JOURNAL OF A NOVEL, Steven Pressfield offers answers for these and scores of other practical writing questions in THE AUTHENTIC SWING.

Presents the story of the great Athenian warrior and general Alcibiades, from his great victories on behalf of Athens to his later alliances with Sparta and Persia and his role in the eventual downfall of Athens.

A step-by-step guide to conquering fear and creating an unstoppable mindset • Offers a customizable approach that incorporates psychological, emotional, and physical techniques to release fear, limitations, and anxiety for good • Provides a before-and-after measure of your comfort zone with the Zone Test • Explores different types of fear, why we feel fear and how fear works in the brain, anxiety-reducing foods and how they work nutritionally, and the key psychological markers of a fearless personality • Includes resilience-builder challenges, anxiety-buster techniques, the intuition indicator tool, and “baby steps” methods to develop confidence When was the last time you did something that scared you? The last time you

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really pushed your boundaries, took a risk, and felt you not only bulldozed right through your fear but, in fact, used it to propel you forward? If you've ever successfully confronted and overcome anything, even just for a short while, you'll undoubtedly relate to the profound and overwhelming sense of self-satisfaction that comes with it. This experience provides you with a true sense of freedom, allowing you to breathe effortlessly and fully absorb life, knowing the only thing that can ever really hold you back is you. Offering a step-by-step guide to incrementally breaking out of your comfort zone and confronting and transforming fear, Emma Mardlin, Ph.D., equips us with effective working tools to conquer our deepest fears in any context, be they small or big, and harness them to push us further toward our ultimate goals, purpose, and full potential. She provides the innovative Zone Test to measure your comfort zone before and after working through the book, tools such as the intuition indicator and RACE technique, and the thought-provoking "life discovery model" designed to support you in your new adventures once you've conquered your fears and let go of limitations. Offering practices to start the journey toward exciting positive change, she presents resilience-builder challenges, anxiety-buster techniques, practices for indestructible thinking, and "baby steps" to build confidence. She explores why we feel fear and how fear works in the brain, anxiety-reducing foods and how they work nutritionally, as well as the key psychological markers of a fearless "zone zero" personality. Whether you experience irrational fear, have a phobia that plagues you, look back on a lifetime of anxiety and limitations, or suffer from nerves and a lack of confidence, this guide provides a full range of comprehensive resources and tools to help you fully transform your fears, discover your true ambitions, and achieve everything you can in life.

Executive Summary of The War of Art In The War of Art's Book Summary Without Incessant Filler Traps we summarize the key points, fundamental concepts and valuable insights including: The 37 Characteristics & Symptoms of Resistance Why Resistance is the Most Toxic and Negative Force in Our Lives The Differentiating Factors Between the Professional and the Amateur How Fear, Procrastination, and Rationalization Assists Resistance in the Battle The Forces On Our Side Assisting in the Fight Against Resistance The Manifestations that Resistance Can Appear As and What to Watch Out For How Artists May Best Invoke the 'Elusive' Muse The Aspects of a Professional and How Pros Conduct Themselves to Success What the Definition of a Hack Is Why the Professional Works from the Self and Not the Ego 2 Simple Ways to Determine if You Operate Territorially or Hierarchically Plus much more...

FREE Bonus INSIDE: How to Read a Book in One Day. In this instructional manual we share two proven methods the BookSwift team uses to read a book a day to extract the key core concepts from books in the shortest amount of time possible. Stop Wasting Your Time - Read Less, Know More with BookSwift. Scroll up and buy now with 1-Click. DISCLAIMER: Please note this is an executive summary of the original book and IS NOT the original book itself. Explains how Billy Beene, the general manager of the Oakland Athletics, is using a new kind of thinking to build a successful and winning baseball team without spending enormous sums of money.

Sun Tzu's Art of War, compiled more than two thousand years ago, is a study of the anatomy of organizations in conflict. It is perhaps the most prestigious and influential book of strategy in the world today. Now, this unique volume brings together the essential versions of Sun Tzu's text, along with illuminating commentaries and auxiliary texts written by distinguished strategists. The translations, by the renowned translator Thomas Cleary, have all been published previously in book form, except for The Silver Sparrow Art of War, which is available here for the first time. This collection contains: The Art of War: This edition of Sun Tzu's text includes the classic collection of commentaries by eleven interpreters. Mastering the Art of War: Consisting of essays by two prominent statesmen-generals of Han dynasty China, Zhuge Liang and Liu Ji, this book develops the strategies of Sun Tzu's classic into a complete handbook of organization and leadership. It draws on episodes from Chinese history to show in

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concrete terms the proper use of Sun Tzu's principles. The Silver Sparrow Art of War: A version of Sun Tzu's Art of War based on a manuscript of the classic text discovered at a Chinese archeological site in China's Shandong Province in 1972, which contains previously unknown fragments. Note: The electronic edition of this book does not contain The Lost Art of War, as seen in the paperback edition.

In a near-future world in which governments and corporations are forced to hire cutting-edge mercenary armies to protect their wealth, the globe's largest private military launches a campaign to take over the United States, prompting a top commander to rebel against the organization's leader. By the author of The Legend of Bagger Vance. 70,000 first printing. The Art of War is an enduring classic that holds a special place in the culture and history of East Asia. An ancient Chinese text on the philosophy and politics of warfare and military strategy, the treatise was written in 6th century B.C. by a warrior-philosopher now famous all over the world as Sun Tzu. Sun Tzu's teachings remain as relevant to leaders and strategists today as they were to rulers and military generals in ancient times. Divided into thirteen chapters and written succinctly, The Art of War is a must-read for anybody who works in a competitive environment.

The follow-up to his bestseller The War of Art, Turning Pro navigates the passage from the amateur life to a professional practice. "You don't need to take a course or buy a product. All you have to do is change your mind." --Steven Pressfield TURNING PRO IS FREE, BUT IT'S NOT EASY. When we turn pro, we give up a life that we may have become extremely comfortable with. We give up a self that we have come to identify with and to call our own. TURNING PRO IS FREE, BUT IT DEMANDS SACRIFICE. The passage from amateur to professional is often achieved via an interior odyssey whose trials are survived only at great cost, emotionally, psychologically and spiritually. We pass through a membrane when we turn pro. It's messy and it's scary. We tread in blood when we turn pro. WHAT WE GET WHEN WE TURN PRO. What we get when we turn pro is we find our power. We find our will and our voice and we find our self-respect. We become who we always were but had, until then, been afraid to embrace and live out.

Get your CompanionReads Summary of Steven Pressfield's The War of Art today and read it in less than 30 minutes! Attention: This is a supplementary guide meant to enhance your reading experience of Steven Pressfield's The War of Art. It is not the original book nor is it intended to replace the original book. You may purchase the original book here: <http://bit.ly/SPWarofart> In this fast guide, you'll be taken by the hand through a summary and analysis of The main points made by the author An organized chapter by chapter synopsis References to noteworthy people mentioned The author's most important tips, websites, books, and tools Most CompanionReads may be read in 30 minutes. This book is meant for anyone who is interested in enhancing their reading experience. It will give you deeper insight, fresher perspectives, and help you squeeze more enjoyment out of your book. Perfect for a quick refresh on the main ideas or when you want to use it as a topic of conversation at your next meeting. Enjoy this edition instantly on your Kindle device! Now available in paperback, digital, and audio editions. Sign up for our newsletter to get notified about our new books at <http://bit.ly/companionreadsnews>

Creative block presents the most crippling—and unfortunately universal—challenge for artists. No longer! This blockbuster of a book is chock-full of solutions for overcoming all manner of artistic impediment. The blogger behind The Jealous Curator interviews 50 successful international artists working in different mediums and mines their insights on how to conquer self-doubt, stay motivated, and get new ideas to flow. Each artist offers

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a tried-and-true exercise—from road trips to 30-day challenges to cataloging the medicine cabinet— that will kick-start the creative process. Abundantly visual with more than 300 images showcasing these artists' resulting work, Creative Block is a vital ally to students, artists, and creative professionals.

A #1 New York Times Bestseller "This book will change lives." --Elizabeth Gilbert, author of Eat, Pray, Love Now in paperback with a new prologue, the indispensable handbook for becoming the creative force of your own life by the host of the award-winning MarieTV and The Marie Forleo Podcast. While most self-help books offer quick fixes, Everything is Figureoutable will retrain your brain to think more creatively and positively in the face of setbacks. In the words of Cheryl Strayed, it's "a must-read for anyone who wants to face their fears, fulfill their dreams, and find a better way forward." If you're having trouble solving a problem or reaching a dream, the problem isn't you. It's that you haven't yet installed the one belief that changes everything. Marie's mom once told her, "Nothing in life is that complicated. You can do whatever you set your mind to if you roll up your sleeves. Everything is figureoutable." Whether you want to leave a dead end job, break an addiction, learn to dance, heal a relationship, or grow a business, Everything is Figureoutable will show you how. In this revised and updated edition, you'll learn:

- The habit that makes it 42% more likely you'll achieve your goals.
- How to overcome a lack of time and money.
- How to deal with criticism and imposter syndrome.

It's more than just a fun phrase to say. It's a philosophy of relentless optimism. A mindset. A mantra. A conviction. Most important, it's about to make you unstoppable.

A look at the role of resilience in promoting a happy and healthy life introduces seven proven techniques for developing the capacity for coping with the challenges and setbacks of life, from self-criticism and negative self-images to crises, anxiety, and grief. Reprint.

From the acclaimed master of historical fiction comes an epic saga about a reluctant hero, the Roman Empire, and the rise of a new faith. Jerusalem and the Sinai desert, first century AD. In the turbulent aftermath of the crucifixion of Jesus, officers of the Roman Empire acquire intelligence of a pilgrim bearing an incendiary letter from a religious fanatic to insurrectionists in Corinth. The content of this letter could bring down the empire. The Romans hire a former legionary, the solitary man-at-arms, Telamon of Arcadia, to intercept the letter and capture its courier. Telamon operates by a dark code all his own, with no room for noble causes or lofty beliefs. But once he overtakes the courier, something happens that neither he nor the empire could have predicted. In his first novel of the ancient world in thirteen years, the best-selling author of Gates of Fire and Tides of War returns with a gripping saga of conquest and rebellion, bloodshed and faith.

The Art of War meets "The Artist's Way" in this no-nonsense, profoundly inspiring guide to overcoming creative blocks of every kind.

This is a Summary of Steven Pressfield's The War of Art: Break Through the Blocks and Win Your Inner Creative Battles A succinct, engaging, and practical guide for succeeding in any creative sphere, The War of Art is nothing less than Sun-Tzu for the soul. What keeps so many of us from doing what we long to do? Why is there a naysayer within? How can we avoid the roadblocks of any creative endeavor--be it starting up a dream business venture, writing a novel, or painting a masterpiece?

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Bestselling novelist Steven Pressfield identifies the enemy that every one of us must face, outlines a battle plan to conquer this internal foe, then pinpoints just how to achieve the greatest success. The War of Art emphasizes the resolve needed to recognize and overcome the obstacles of ambition and then effectively shows how to reach the highest level of creative discipline. Think of it as tough love ... for yourself. Whether an artist, writer or business person, this simple, personal, and no-nonsense book will inspire you to seize the potential of your life. Available in a variety of formats, this summary is aimed for those who want to capture the gist of the book but don't have the current time to devour all 190 pages. You get the main summary along with all of the benefits and lessons the actual book has to offer. This summary is not intended to be used without reference to the original book.

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“A HUMDINGER . . . A MASTERLY TALE TOLD WITH CLARITY AND VERVE.” –The Times (London) The Avatars are immortal and live like kings—even though the empire is dying. Their immortality is guaranteed by magic crystals whose influence is now waning, overwhelmed by the sheer power of a great flood and a sudden ice age. But when two moons appear in the sky, and the ruthless armies of the Crystal Queen swarm across the land bringing devastation and terror, the Avatars unite with their subjects to protect their universe. As the cities face imminent destruction, three heroes emerge. Talaban, a warrior haunted by tragedy; Touchstone, the mystic tribesman seeking his lost love; and Anu, the Holy One, the Builder of Time. And when all seems lost, two others enter the fray: Sofarita, the peasant girl who will inspire a legend, and the madman, Viruk, who will become a god. . . .

From Beethoven and Kafka to George Sand, Picasso and Agatha Christie, this compilation of letters, diaries and interviews reveals the profound fusion of discipline and dissipation through which the artistic temperament is allowed to evolve, recharge and emerge. 20,000 first printing. Anna Sabino is an artist, but certainly not a starving one. She wasn't born into a wealthy family, didn't inherit money from a distant relative, and doesn't have a rich husband. But she made it as an entrepreneur, as a single woman, and most importantly, as an artist. In Your Creative Career, she shows her fellow artists and creatives how to build a business that reflects their talent and true calling while generating serious cash. Whether the goal is to build an empire and be financially free, create a lifestyle business, or just to have more time, Your Creative Career guides you through every aspect of creative entrepreneurship. If you want to

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start your creative career, transition into it, or give it a boost, this book is a must read that features: Proven systems and strategies to create ideally priced products that keep selling. The importance of going through all the steps of making it from idea inception and execution to branding and distribution. The importance of transitioning from artistic solitude to collaborative, creative entrepreneurship. The most effective marketing and PR methods adjusted to the new reality of short attention spans and information overload.

NEW YORK TIMES BESTSELLER “I come from a family forged by tragedies and bound by a remarkable, unbreakable love,” Hunter Biden writes in this deeply moving memoir of addiction, loss, and survival. When he was two years old, Hunter Biden was badly injured in a car accident that killed his mother and baby sister. In 2015, he suffered the devastating loss of his beloved big brother, Beau, who died of brain cancer at the age of forty-six. These hardships were compounded by the collapse of his marriage and a years-long battle with drug and alcohol addiction. In *Beautiful Things*, Hunter recounts his descent into substance abuse and his tortuous path to sobriety. The story ends with where Hunter is today—a sober married man with a new baby, finally able to appreciate the beautiful things in life.

The War of Art by Steven Pressfield | Summary & Analysis Preview: Steven Pressfield's *The War of Art: Break Through the Blocks and Win Your Inner Creative Battles* is a book dedicated to helping writers and other artists overcome creative barriers and produce valuable and satisfying work. Pressfield discusses his own artistic struggles and uses examples of artists throughout history in order to inspire and guide other creators. The biggest barrier to artistic creation is Resistance. Resistance is a negative energy that intercedes whenever a person attempts to achieve a positive goal, such as painting a picture, exercising, or making a life change. Resistance is a combination of self-doubt, self-deception, fear of change, and fear of success. On a day-to-day basis, Resistance is expressed as procrastination, as when an artist cleans the house, gets a snack, or does anything rather than sit down to work. On a larger scale, Resistance can mean that an artist abandons his or her profession, or denies his or her creative dreams... PLEASE NOTE: This is key takeaways and analysis of the book and NOT the original book. Inside this Instaread Summary of Influence · Overview of the book · Important People · Key Takeaways · Analysis of Key Takeaways About the Author With Instaread, you can get the key takeaways, summary and analysis of a book in 15 minutes. We read every chapter, identify the key takeaways and analyze them for your convenience.

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