

Analysis Of Fruit And Vegetable Juices For Their Acidity Project

Consumers are advised to increase fruit and vegetable consumption, but the health effects of increased intake are not fully understood. This important collection brings together information on the health-promoting properties of fruit and vegetables. Introductory chapters provide an overview of fruit and vegetable bioactives and consumer attitudes towards fruit and vegetables. Part two discusses the health effects of fruit and vegetables in relation to specific diseases, including cancer, cardiovascular disease, diabetes, obesity and neurodegenerative diseases. The focus in Part three is on understanding fruit and vegetable phytochemicals. Chapters cover physiological and ecological functions and biosynthesis of health-promoting compounds in fruit and vegetables, rapid analysis of phytochemicals in fruit and vegetables and clinical evidence for biological activity of fruit and vegetable phytochemicals. Part four chapters review the effect of pre- and post-harvest technologies on the health-promoting properties of fruit and vegetables. Topics covered include traditional breeding and modern processing techniques and their effect on fruit and vegetable phytochemicals; genetic manipulation of vegetable crops to alleviate diet-related diseases; agronomy and the nutritional quality of fruit; storage and handling of fruit and vegetables for optimal health-related quality and postharvest enhancement of bioactive compounds in fresh produce using abiotic stresses. The final chapters in Part five look at the nutritional quality of particular fruit and vegetable products, such as fresh-cut fruit and vegetables and organic fruit and vegetables. Improving the health-promoting properties of fruit and vegetable products is a valuable reference for those working in the fresh and processed fruit and vegetable sector of the food industry. Provides an overview of fruit and vegetable bioactives Discusses the health effects of fruit and vegetables in relation to specific diseases Reviews the impact of agronomy, post-harvest treatments and processing on the nutritional quality of fresh fruit and vegetables

Background. Studies indicate that the vast majority of adult Americans do not regularly consume recommended daily servings of fruits and vegetables. One major issue with research in this area is how to measure fruit and vegetable intake, especially in ethnically diverse populations.

Proximate composition; Pectin; Polyphenols; Plant pigments; Ascorbic acid; Minerals; Examination of canned products; Tomato products; Dehydrated fruits and vegetables; Vinegar; Chemical additives; Colour measurement; Measurement of consistency; Sensory evaluation; Miscellaneous methods; Water analysis; Tinplate and lacquers; Double seaming - adjustment and examination; General instructions in microbiological examination; Microbiological examination of spoilage; Micro-analytical examination for extraneous matter; Bacteriological examination of water; Determination of thermal process time; Assessment of surface sanitation; Standard solutions.

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"As diet-related chronic diseases continue to jeopardize public health in the United States, improving the dietary quality of Supplemental Nutrition Assistance Program (SNAP) participants is essential. One strategy that has been proposed as a means of doing so is utilizing fruit and vegetable incentives. Incentives serve to lower the cost of these foods for participants and thus theoretically encourage and enable them to purchase and consume more fruits and vegetables. The existing research indicates that incentives are an effective approach for increasing fruit and vegetable purchase and consumption. However, there is lack of research on the factors that influence the outcomes of incentive programs, including the retail venues in which programs are implemented, other interventions that are deployed in conjunction with incentives, the advertising used to attract participants, the ways in which the benefits used to incentivize participants are distributed, and the value of these benefits. This research addresses this gap in the literature by examining each of these factors through a case study of completed United States Department of Agriculture (USDA) Food Insecurity Nutrition Incentive (FINI) grant projects in an effort to identify pathways for positively impacting participants' fruit and vegetable purchase and consumption behaviors and perceptions of the affordability of these foods. Specifically, this study explores conditions and combinations of conditions that are potentially necessary and sufficient for positive program impacts."--Abstract.

Although there are a wide range of health benefits to consuming fruits and vegetables, average Americans are not consuming the daily recommended amount, with rural populations consuming considerably fewer fruits and vegetables than the average population. This makes it crucial for research to be done on the rural populations so that targeted interventions can be created to increase their fruit and vegetable consumption, and in turn, their overall health. The current study evaluated the Theory of Planned Behavior (TPB) and Social Cognitive Theory (SCT) on fruit and vegetable consumption among individuals living in rural areas. A total of 118 rural participants completed the electronic survey; various correlation analyses were run among TPB and SCT constructs and the dependent variable and fruit and vegetable consumption; analyses included both a Pearson r correlation and regression analysis. Results indicated that while both theories (TPB and SCT) were significant predictors of fruit and vegetable consumption, perceived behavioral control accounted for the most variance in consumption within TPB and facilitation was the only significant predictor of consumption within SCT. Both theories indicated that internal constructs such as attitude and self-efficacy were not significant; with control and access being the main factors for fruit and vegetable consumption. If this demographic has no control or access to fruit and vegetables, then other constructs such as their attitudes and confidence in eating them are less likely to predict consumption.

Enlarged edition of: Fruit and vegetable phytochemicals: chemistry, nutritional value and stability / [editors] Laura A. de la Rosa, Emilio Alvarez-Parrilla, Gustavo A. Gonzalez-Aguilar. Ames,, Iowa: Wiley-Blackwell, 2010

Handbook of Analysis and Quality Control for Fruit and Vegetable Products Tata McGraw-Hill Education

The first handbook of its kind, giving in one volume, detailed information on both the analysis and quality control of fruit and vegetable products. Authoritative, need-based and up-to-date, the book has been principally designed to meet the day-to-day requirements. Starting from the analysis of common constituents, the book covers methods of analysis of specific raw materials and containers used in processing measurement of different quality attributes, sensory evaluation, microbiological and microanalytical examinations, determination of thermal process time, and examination of specific fruit and vegetable products. The last few chapters are devoted to statistical quality control, preparation of standard solutions and tables required for day-to-day use. Sufficient theoretical information is included in each chapter before the methods are described. Each method is self-contained, easy to follow, time-tested and complete in all respects.

Wherever needed, reference values or standards-PFA, ISI or FAO/WHO Codex Alimentarius are given. With its comprehensive coverage and up-to-date information, the book would be useful to public analysts, factory personnel, processors, research workers, and students of food science, food technology, agriculture and home science.

A cost function characterizes a firm's cost-minimizing behavior. It is defined as a function of the level of outputs produced and the prices of factors which enter the production process. Econometric estimation of a cost function allows one to test hypotheses regarding the structure of cost and the structure of the underlying technology. Cost function structure is indicative of production structure, namely, the relationships among factors and products involved in the production process. In this study, the method of maximum likelihood is used to jointly estimate a cost function and labor share equation for a cooperative vegetable processing firm. The study concentrates on labor and energy inputs and on green beans, sweet corn, and an aggregate of other fruits and vegetables. Hypotheses of nonjointness in output prices (no factor substitutability) and nonjointness in inputs (no output complementarity), and a third hypothesis regarding regulation of raw product delivery quantities, are tested at the sample mean. Measures of conditional price elasticities of input demand, cost complementarity, and cost elasticity are derived from the estimated model.

Fruit and Vegetable Phytochemicals: Chemistry, Nutritional Value and Stability provides scientists in the areas of food technology and nutrition with accessible and up-to-date information about the chemical nature, classification and analysis of the main phytochemicals present in fruits and vegetables – polyphenols and carotenoids. Special care is taken to analyze the health benefits of these compounds, their interaction with fiber, antioxidant and other biological activities, as well as the degradation processes that occur after harvest and minimal processing.

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